

# **CSA Produce Boxes**

with East Bay Delivery



Community Supported Agriculture (CSA) connects consumers directly with local farms. CSA subscribers sign up to receive boxes of just-picked, organic and pesticide-free, seasonal produce from farmers. Boxes are delivered to homes and offices or picked up from central urban locations. CSA customers help protect small farmers from the competition of large-scale agriculture, fluctuations of wholesale markets, and damaging weather.

The farms below deliver to homes or drop-off locations in the East Bay. Check the online directories on the back for more options. The vendors listed below accept EBT/WIC or offer discounts. Call each vendor for details.

# **CSAs that Accept EBT or Offer Discounts:**

#### **Acta Non Verba**

Oakland, CA (510) 878-7235 anvfarm.com
Home delivery: Berkeley, Oakland, Emeryville, Alameda, San Leandro Box contains: organically grown fruits, vegetables, herbs.
Discounts available for educators.
Call for details.

#### **Eatwell Farm**

Dixon, CA
(707) 999-1150
eatwell.com
Pick-up: Wednesdays and Thursdays
across the East Bay
Box contains: Certified organic fruits,
vegetables, herbs. Add-ons include
eggs, broths, kimchi, and more.
Accepts EBT/WIC. Sign up at Bay
View or Ferry Plaza farmers' markets.
"Care Share" program for terminally ill
people or those experiencing financial
difficulties. Email to enroll.

## Frog Hollow Farm

Brentwood, CA (925) 200-9916 froghollowcsa.com Accepts EBT at Thursday Berkeley Farmers' Market. Pick-up: 50 Bay Area locations Box contains: Certified organic fruit. Add-ons include oil, eggs, honey, vegetables, and more.

# Oya Organics

Hollister, CA (510) 847-5358 oya-organics.com
Pick-up: Tuesday Berkeley Farmer's Market in South Berkeley.
Box contains: organically grown fruits and vegetables.
Accepts EBT. Discounts for seniors, people with disabilities and students.
Call for details.

#### **Phat Beets Produce**

Oakland, CA

(510) 250-7957
phatbeetsproduce.org
Pick-up: 11 Oakland and Berkeley
locations. Home delivery available.
Box contains: fruits and vegetables.
About: A volunteer collective
supporting small farms, farmers of
color, and social enterprise. Pesticidefree and organic produce aggregated
from local, small-scale farmers.
Accepts EBT and offers 50% discount.
WIC also accepted.

#### **Urban Tilth**

Richmond, CA urbantilth.org/csa/membership Pick-up: Tuesdays at 3 Richmond locations or delivery within West Contra Costa for a small fee. Box contains: organically grown fruits, vegetables, and honey. Youth and local resident-run nonprofit Offers sliding scale membership.

## Other Local CSA Vendors with East Bay Delivery:

### Alameda Point Collaborative's Farm2Market CSA

Alameda, CA (510) 725-8939

apcollaborative.org/farm2market

Pick-up: Berkeley and Alameda locations Home delivery: in the city of Alameda.

Seasonal availablity: spring, summer, and fall 14-

week memberships.

Box contains: organic and pesticide-free fruits,

vegetables, herbs, raw honey, flowers.

About: Provides paid job training to formerly homeless community members, including tools for self-sufficiency and nutrition education.

## Coyote Family Farm

Penngrove, CA

covotefamilyfarm.com

Pick-up: Locations in North and South Berkeley Box contains: organically grown (but not certified) vegetables, flowers, herbs, dry beans, honey, and pastured eggs.

About: A small, ecologically-based farm farm that

uses organic practices at a hand scale.

### Farm Fresh to You

Capay, CA

(800) 796-6009 farmfreshtoyou.com

Delivery to homes and offices in Bay Area

throughout the week.

Box contains: certified organic fruit, vegetables, flowers, herbs, dried fruits, eggs, dairy products,

meat, honey, oil, and more.

About: Produce is aggregated from Capay and

other farms in the area.

# **Full Belly Farm**

Guinda, CA (800) 791-2110 fullbellyfarm.com

Pick-up: locations in Berkeley.

Deliveries in the East Bay Tuesday - Friday. Box contains: certified organic fruits, vegetables, herbs. Add-ons include flowers, nuts, oils, jams,

broths, meat, and more.

#### **Online CSA Directories:**

Edible East Bay: edibleeastbay.org/csa-guide

Local Harvest: localharvest.org

## First Light Farm

Petaluma, CA (707)-637-6257

https://firstlightcsa.com/csa Pick-up: Saturdays in Berkeley Box contains: certified organic and

biodynamically grown fruits and vegetables.

## Riverdog Farm

Guinda, CA

(530) 796-3802

riverdogfarm.com

Pick-up: central locations in East Bay on

Wednesdays.

Box contains: certified organic fruits and vegetables. Add-ons include meat, nuts, eggs

#### Tara Firma Farms

Petaluma, CA

(707) 765-1202

tarafirmafarms.com

Pick-up: Albany, Berkeley, and Oakland locations on Wednesdays. Weekly, bi-monthly, and monthly options.

Box contains: certified organic fruits, vegetables, meat, cheese, oil, and more.

#### **Terra Firma Farm**

Winters, CA

(530) 795-2473

terrafirmafarm.com

Pick-up: Wednesdays at Alameda, Berkeley, and

Oakland locations.

Box contains: certified organic fruits and

vegetables.

## Say Hay Farms

Esparto, CA

(530) 507-8107

sayhayfarms.com

Pick-up and Home Delivery offered in Berkeley

and Oakland.

Box Contains: certified organic fruits, vegetables, and pastured eggs.

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