East Bay CSA Food Boxes

Frog Hollow Farm
Bremenwood, CA
(510) 200-0916
Farmers' markets: Berkeley, Richmond, Oakland, Concord. CSA boxes available. Pick-up: Wednesdays and Thursdays at 3 Richmond locations or delivery within West Contra Costa for a small fee.
Accepts EBT and offers 50% discount.
Call for details.

Eatwell Farm
Dixon, CA
(707) 999-1150
Pick-up: Wednesdays and Thursdays across the East Bay.
Box contains: organic fruits, vegetables, herbs, eggs, tomatoes, kale, and more.
Accepts EBT/TWIC, SNAP, or check. Call to pre-pay.
Discipline of the soil is to protect the soil.
Call for details.

Acta Non Verba
Oakland, CA
(510) 878-7255
Box contains: organically grown fruits, vegetables, herbs. Discounts available for educators.
Call for details.

CSAs that Accept EBT or Offer Discounts:

Oya Organics
Holister, CA
(310) 877-5558
Pick-up: Tuesday Berkeley Farmers Market in South Berkeley.
Box contains: organically grown fruits and vegetables. Accepts EBT. Discounts for seniors, people with disabilities and students.
Call for details.

Phat Beets Produce
Oakland, CA
(510) 338-0977
Accepts EBT and offers 50% discount.
Call for details.

Community Supported Agriculture (CSA) connects consumers directly with local farms. CSA subscribers sign up to receive boxes of fresh, organic, and pesticide-free produce from farmers. Boxes are delivered to homes and offices of CSA members, protecting small farmers from the competition of large-scale agriculture. Fluctuations in wholesale markets, and damaging weather, The farms below deliver to homes or drop-off locations in the East Bay. Check the online directories for more options. The vendors listed below accept EBT/TWIC or offer discounts. Call for details.
Other Local CSA Vendors with East Bay Delivery:

**Alameda Point Collaborative’s Farm2Market CSA**
Alameda, CA
(510) 725-8939
apcollaborative.org/farm2market
Pick-up: Berkeley and Alameda locations
Home delivery: in the city of Alameda.
Seasonal availability: spring, summer, and fall 14-week memberships.
Box contains: organic and pesticide-free fruits, vegetables, herbs, raw honey, flowers.
About: Provides paid job training to formerly homeless community members, including tools for self-sufficiency and nutrition education.

**Coyote Family Farm**
Penngrove, CA
cyotefamilyfarm.com
Pick-up: Locations in North and South Berkeley
Box contains: organically grown (but not certified) vegetables, flowers, herbs, dry beans, honey, and pastured eggs.
About: A small, ecologically-based farm that uses organic practices at a hand scale.

**Farm Fresh to You**
Capay, CA
(800) 796-6009
farmfresh2you.com
Delivery to homes and offices in Bay Area throughout the week.
Box contains: certified organic fruit, vegetables, flowers, herbs, dried fruits, eggs, dairy products, meat, honey, oil, and more.
About: Produce is aggregated from Capay and other farms in the area.

**Full Belly Farm**
Guinda, CA
(800) 791-2110
fullbellyfarm.com
Pick-up: locations in Berkeley.
Deliveries in the East Bay Tuesday - Friday.
Box contains: certified organic fruits, vegetables, herbs. Add-ons include flowers, nuts, oils, jams, broths, meat, and more.

**First Light Farm**
Petaluma, CA
(707) 637-6257
https://firstlightcsa.com/csa
Pick-up: Saturdays in Berkeley
Box contains: certified organic and biodynamically grown fruits and vegetables.

**Riverdog Farm**
Guinda, CA
(530) 796-3602
riverdogfarm.com
Pick-up: central locations in East Bay on Wednesdays.
Box contains: certified organic fruits and vegetables. Add-ons include meat, nuts, eggs.

**Tara Firma Farms**
Petaluma, CA
(707) 765-1202
tarafirmafarms.com
Pick-up: Albany, Berkeley, and Oakland locations on Wednesdays. Weekly, bi-monthly, and monthly options.
Box contains: certified organic fruits, vegetables, meat, cheese, oil, and more.

**Terra Firma Farm**
Winters, CA
(530) 795-2473
terrarotafarm.com
Pick-up: Wednesdays at Alameda, Berkeley, and Oakland locations.
Box contains: certified organic fruits and vegetables.

**Say Hay Farms**
Esparto, CA
(530) 507-8107
sayhayfarms.com
Pick-up and Home Delivery offered in Berkeley and Oakland.
Box Contains: certified organic fruits, vegetables, and pastured eggs.

**Online CSA Directories:**
Edible East Bay: edibleeastbay.org/csa-guide
Local Harvest: localharvest.org

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