



CSA Food Boxes

with East Bay Delivery



Community Supported Agriculture (CSA) creates a direct link between city folks and local family farms. Subscribers pledge to join a CSA and in return, farmers deliver boxes of just-picked, organic, seasonal produce to central locations for pickup. Having this dependable revenue source protects the farmers from the ravages of difficult weather, fluctuating wholesale markets, and competition from large-scale agriculture. The following farms deliver to locations in the East Bay.

Catalán Family Farm

2889 Cienega Rd
Hollister, CA 95023
Phone: (831) 653-9274
catalan_farm@yahoo.com
Areas served: Berkeley
Pick-up: Berkeley Farmers' Markets on Tuesday, Thursday, and Saturday
Farm practices: Organic
Produce available: vegetables, fruit, flowers, culinary herbs
Season: Year-round

Dig Deep Farms

16378 East 14th Street, Suite 102
San Leandro, CA 94578
Phone: (510) 667-3275
digdeepfarms@gmail.com
digdeepfarms.weebly.com
Pick-up: Neighborhood locations in Oakland, Berkeley, Ashland, Cherryland, San Lorenzo, and more.
Farm practices: Grown on multiple urban farm spaces in Ashland, Cherryland, San Leandro, and Castro Valley.
Season: Year-round

Eatwell Farm

5835 Sievers Road
Dixon, CA 95620
Phone: (866) 627-2465
organic@eatwell.com
www.eatwell.com
Pick-up: Tuesdays in Oakland and Berkeley
Farm practices: organic and transitional
Produce available: vegetables, fruit, flowers, culinary herbs
Season: Year-round

Farm Fresh to You

23808 State Hwy 16
Capay, CA 95607
Phone: (800) 796-6009
contactus@farmfreshtoyou.com
www.farmfreshtoyou.com
Pick-up: Berkeley on Wednesdays and Oakland on Fridays
Farm practices: Organic
Produce available: vegetables, fruit, flowers, culinary herbs, dried fruits
Season: Year-round

Full Belly Farm

P.O. Box 220
Guinda, CA 95637
Phone: (800) 791-2110
csa@fullbellyfarm.com
www.fullbellyfarm.com
Areas served: East Bay, Contra Costa, Peninsula, Yolo County
Pick-up: Berkeley on Wednesdays and Fridays
Farm practices: Organic
Produce available: vegetables, fruit, flowers, almonds, walnuts, wool
Season: Year-round

Phat Beets Produce

North Oakland, CA
info@phatbeetsproduce.org
www.phatbeetsproduce.org
Pick-up: 7 weekend locations in Oakland and Berkeley.
Farm practices: A volunteer collective supporting small farmers, farmers of color, and social enterprise, collecting fruits and vegetables from pesticide-free or organic, local, small-scale, sustainable farmers. Senior and low-income pricing options. Also offering fruit-only boxes.
Season: Year-round

East Bay CSA Food Boxes

factsheet

CSA Food Boxes with East Bay Delivery (continued)

Riverdog Farm

P.O. Box 42
Guinda, CA 95637
Phone: (530) 796-3802
csa@riverdogfarm.com
Areas served: El Sobrante to Oakland
Pick-up: Wednesdays for all sites
Farm practices: Organic
Produce available: vegetables, fruit
Season: Year-round

Shooting Star CSA

PO Box 3087
Fairfield, CA 94533
Phone: (707) 207-0548
shootingstarcsa@gmail.com
www.shootingstarcsa.com
Areas Served: Several Berkeley and Oakland locations.
Pick-up: Tuesdays
Partial season only: May - November.

Tara Firma Farms

3796 I Street
Petaluma, CA 94952
Phone: (707) 765-1202
farmhouse@tarafirmafarms.com
www.tarafirmafarms.com
Areas served: Albany, Berkeley, and Oakland
Pick-up: Weekly, bi-monthly, and monthly options.
Wednesday afternoons.
Produce available: Organic chicken, pork, beef, eggs, fruits & vegetables, plus some grocery items (granola, jams, yogurt, and gluten-free bread.)
Farm practices: Organic
Season: Year-round

Terra Firma Farm

P.O. Box 836
Winters, CA 95694
Phone: (530) 756-2800
goldenbell@aol.com
www.terrafirmafarm.com
Pick-up: Wednesdays to Alameda, Berkeley, and Oakland.
Farm practices: Organic
Produce available: vegetables, fruit
Season: Year-round

Online Directories and Farm Locators:

Local Harvest, www.localharvest.org/
Farmigo, www.farmigo.com/
Eat Well, www.eatwellguide.org/
Community Alliance with Family Farmers, caff.org/programs/local-food-systems/search-bfbl/